



The Junta de Beneficencia de Guayaquil Central Office developed a sample-taking timetable with a purpose to evaluate collaborators' health through prevention and/or detection of illnesses which endanger his health.

“It is an excellent initiative because there is direct control through the occupational doctor who would have our clinical records and would know how to handle any illness which came up”, said Angel Beltran who works in the Accounting Department.

For Gregorio Baque this is good institutional practice. In his case diabetes was detected through his medical records which allowed him to follow an opportune, adequate medical control.

Dr. Mario Santana, Occupational Health Doctor, claims this is performed on an annual basis, and is important for the prevention of occupational and non-occupational illnesses. “The medical record is particularly useful to identify groups or individuals with certain types of illnesses which require control”.

He points out that pathologies most often detected are metabolic ones such as high blood pressure, diabetes, obesity, a fatty liver which, if not treated on time, can lead to a metabolic syndrome. At this point training and awareness programs are constructed together with the Human Development Department.