



Last December 12, 13, 14 and 15 the Benedicto XVI Medical Center executed a diabetes preventive campaign.

Mercedes Moran who lives in Quito came to Guayaquil. She went to the Benedicto XVI Medical Center with her husband to undergo controls for a diabetic condition she has been suffering from for three years following recommendations from her son that this Junta de Beneficencia de Guayaquil Unit was offering a free-of-charge diabetes prevention and control campaign.

Like Mercedes, 93 persons more benefitted from these activities with a purpose to detect, avoid and orient the community at large regarding diabetes, an illness, which along with hypertension, is one of the main reasons for deceasement in Ecuador.

“Results were positive given that some patients were able to detect they were suffering from diabetes and will be able to follow opportune treatment with an emphasis on acquiring healthy living habits to diminish modifiable risk factors such as a lack of physical activity, high colesterol and overweight”, concluded Dr. Vicente Parra internal medicine doctor and campaign coordinator.